

Emergency Medical Service Transport

- What are the transport safety issues that pertain to this important public service and public safety industry?
- What do we know of the risks and hazards and how can we measure these ?
- How can the safety of this transport system be optimized?

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Emergency Medical Services (EMS) An important and unique transport system
 Public safety, public health and emergency service Is there to save lives

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Very Important Principle

Ambulance transport safety is part of a **SYSTEM**, the overall balance of risk involves the safety of all occupants and the public

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Some odd facts

- Ambulances are generally not built by the automotive industry
- Intelligent Transportation Systems (ITS), transportation safety engineering is not generally integrated into EMS systems
- Although all EMS systems have medical direction and oversight, it is rare for there to be transportation expertise oversight

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Is there an acceptable rate of morbidity and mortality for pre-hospital transport systems??

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Ambulance transport a serious transport safety problem...

In the USA

- the most lethal vehicle on the road both per mile travelled and per vehicle
- is exempt from commercial fleet safety oversight from Federal Motor Carrier Safety Administration (FMCSA)
- 2/3 fatalities not in the ambulance
- Exempt from most FMVSS standards

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Data...

- What is your transport safety record in your service?
- How can you improve if you don't have a meaningful measure of safety performance?
- Transport safety is not guesswork, it is a science

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...and

- Is your ambulance crashworthy?
- Do you have a telematics monitoring and feedback system?
- Enhanced Stability Control (ESC) Does your ambulance have it??
 An estimated >16% decrease in vehicle
- and what is your loading height??
- ...is it less than 27 inches (68cm)??

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 This study suggests that in our current out-of hospital and emergency care system time may be less crucial than once thought. Routine lights-and-sirens transport for trauma patients, with its inherent risks, may not be warranted. [Ann Emerg Med. 2010;55:247-248.]

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Is response time really a meaningful measure of patient outcome??

- What are the confidence limits?
- What about demographics, population density?

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Predictable risks

- Fatal crashes more often at intersections, & with another vehicle (p < 0.001)*
- vehicle (p < 0.001)* 70% of fatal crashes EMS crashes during Emergency Use* Most serious & fatal injuries occurred in rear (OR 2.7 vs front) & to improperly restrained occupants (OR 2.5 vs restrained)* 82% of fatally injured EMS rear occupants unrestrained** > 74% of EMT occupational fatalities are MVC related*** Serious head injury in >65% of fatal occupant injuries# Marce likely the orghe At each of the crashes (23%)

- More likely to crash at an intersection with traffic lights (37% vs 18% p=0.01) & more people & injuries/crash than similar sized vehicles##

*Kahn CA, Pirralio RG, Kuhn EM, Prehosp Emerg Care 2001 Jul-Se "Becker, Załoshnja, Levick, LI, Miler, Acc Anal Prev 2003 "'Maguler, Hurding, Smith, Levick, Annals Emerg Med Dec 2002 #NIOSH, 2003 #NROy AM, Kupasa DF, Prehosp Emerg Care 2005 Dec; 3:412-415

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EMS Transport General Concerns

- Consequences can be predictable & likely preventable
- Costs of these adverse events are high in loss of life, financial burden and negative impact on delivery of EMS care
- Other high speed vehicles (eg. racing cars) have a different safety paradigm

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- Design of interventions to mitigate injury is predicated on a valid testing model
- Complex both engineering and public health issues







Transport Ergonomics

- Operational tasks
- Human factors analysis
- Range of reach
- Patient loading and unloading

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Fleet safety

- Operational policies dispatch, safety
- Fleet mix
- Vehicle selection safety, ESC, loading height
- Driver performance and monitoring
- Scene safety
- Visibility and conspicuity
- Safety measurement and management

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Real world answers to real world questions -

- What features will enhance safety of my new vehicle purchase?
- What color scheme do I want on my vehicle to make it safest?
- What policies offer the safest system?
- How do I get my team to address safety issues?
- Do I need a helmet, and if so which one?
- What data should I collect when something goes

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wrong, and how to analyze it?

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Safety Management

- A Safety Culture
- Protective Policies
- Protective Devices
- In the event of a crash
 To prevent a crash
- Continuous Education and Evaluation

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Benefit of Safety

 Any cost of addressing these issues is dwarfed in contrast to the huge burden of not doing so - in financial costs let alone the personal, societal, ethical and litigation costs

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Challenges to Optimizing EMS Transport Safety

- Disparate and fragmented safety infrastructure
- Lack of a centralized EMS Safety oversight or data
- A large number of small groups of end users, with a mix of volunteers and professionals
- Ambulances are non-standard vehicles, a truck
- chassis and an after market box or a modified van
 EMS vehicle safety is not integrated as a part of the transport safety industry

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Safety oversight of what and by whom

- Vehicle Safety
- Vehicle Design
- Transportation systems safety
- Safety Equipment Design
- Vehicle and Safety Equipment Testing and Standard development

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Safety policies













Science behind Policy

 "For successful technology, reality must take precedence over public relations, for Nature cannot be fooled."

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Richard P. Feynman 1988





June 17th 2008

a paramedic and a patient killed

EMS CRASH KILLS PATIENT AND A SUSSEX COUNTY (DE Tuesday, June 17, 2008

We regret to advise you that a female Sauser Coanty (DE) Paramedic v tilled in the Line of Duty as was a patient killed in a hortific crash involvi an andvalarce is lassess Coarty (DB) this morning. The single vehicle crash happened around 9240 Hours on the John J. Williams Highway near the Lewes-Relaboht joint free company robstati a Angola.

Moded Center with a patient 2 MSRS Spand neurobers and the Supret. Courty Paramedic were on board when it struck a tree, which opened the die of the autholance as seen on our komen page. Traipolly, the patient was killed as must be Supret Courty EMS Paramedic, who was killed in the Line of Dar.

te Line of Dut; suiser, Coungy EMS also suffered a close call last year when a Paramedic che Schnitt was serisoub juipred in a cash when a chilan struck the falled Fare Company ambulance he was riding in; while returning from a a. Additional details on this mornings crunk will follow. In this vehicle...









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	Ambulance Safety		
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and what is an EMS crash?

- Definition of an EMS crash
- Definition of Emergency Response Mode







in automotive safety			
	engineering		
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Goals

- Standards for safety
- Policy based on Science
- Databases to demonstrate outcome

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And very Predictable... Intersections are lethal environments EMSSafety







TRANSPORTATION RESEARCH BOARD of The NATIONAL ACADEMIES

EMS/Medical Transport Safety Summit November 7, 2008 & October 29, 2009

- Bridging the gap between what we do and what is known
- Technical expertise in data capture, transportation safety, vehicle safety, fleet management, human factors, standards development and EMS

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 Enhancing ambulance transport safety through shared knowledge of technical data

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TRANSPORTATION RE or the NATIONAL ACADEMIS	ESEARCH BOARD
October 29, 2009 TRB EWG	Summu
 The realm of burden and benefit 	
 measuring the safety of the system 	
 determining the economic, ethical and risk b 	enefit challenges
 Transport System Management 	
 fleet safety and oversight technologies and 	policies
 operations management – dispatch, conges of resources, benchmarking 	tion routing, deployment
 Vehicle safety 	
 occupant protection design and testing 	
 vehicle performance safety 	
 vehicle and personnel human factors issues 	
 Dissemination and Policy 	
 knowledge transfer 	
 standards, specifications and policy 	
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Gratis public access to TRB Summit archives Its out there NOW

www.objectivesafety.net/TRBSummit2008.htm www.objectivesafety.net/TRBSummit2009.htm

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Independent Automotive Safety Technical Expertise

- The "kitchen design" is completely unacceptable and a failure in health care delivery, occupant protection and ergonomics.
- Independent technical expertise must be sought and involved









And this all takes place in 60 millisecs





What do we know now?? Intersection crashes are the most lethal

- There are documented hazards, some which can be avoided
- Occupant restraint with standard belts is effective.
 (Over the shoulder belts for stretcher patients, with the gurney in the upright position where medically feasible)
- All equipment should be locked down

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- Some vehicle design features are beneficial ESC, forward and rear facing seating
- Head protection??
 Electronic Driver monitoring/feedback systems appear to be highly effective

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Air Safety Approach

- Safety Program Planning
- Evaluating
- Analysis of Safety Performance
- Analysis of Safety Information and Data
- Analysis of Risk Profiles and Plans

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Being seated IN an automotive seat is what will protect you Anything that allows or encourages you to get up out of your seat will also encourage you to be injured or killed – it is potentially lethal to be out of your seat in any fashion 4 or 5 point harnesses for sidefacing seated occupants are potentially lethal – and in

occupants are potentially lethal – and in NO WAY SUPPORTED BY ANY DATA OR INDEPENDENT AUTOMOTIVE SAFETY EXPERTISE



Yes, the ride of your life

- Sure... these vehicles all parade around the EMS and Fire shows BUT...
- NOT ONE of these vehicles has been to the automotive safety shows or scrutinized by the automotive safety industry

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ISO – 39001 Road-traffic Safety management systems				gement
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Emergency Vehicles – Viewer Awareness		
For a timely, appropriate and	safe response	
 Location 		
 Size 		
 Shape 		
Speed		
 Intended path 		
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Extensive Indirect cost savings

- Fewer out of service vehicles
- Improved transport times
- Decreased administrative lost in managing unsafe behaviors

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- Decreased legal burden
- Automatic system wide data

Insurance benefits

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Other monitoring devices

- Primarily to record events during and immediately preceding a crash
- Give no driver crash prevention feedback
- Administratively burdensome
- Intrusive
- Not demonstrated to be as effective in improving vehicle maintenance costs or as effective in modifying driver behavior long

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The jury is out on

Opticon

Simulators

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International approaches

 The state of the art non-USA vehicles have NO squad bench nor the after market structural vehicle modifications that can potentially decrease crashworthiness integrity that were seen in study vehicles.



RETTmobil is -

 A major European Emergency Rescue Congress, Trade show and Symposium

- Held in Fulda, Germany
- Established in 2001
- Attended by ~ 20,000 attendees
- Brainchild of Prof Peter Sefrin





























Collaboration and Outcomes

Interdisciplinary Collaboration is what is key

 not orthopedic folks talking to cardiologists
 BUT collaboration between the health care
folks appropriate automotive and occupant
protection engineers and transportation
system design, ergonomists and industry
standards that make sense – and

 Meaningful measures of outcome and
performance

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"Together for yo	our safety"
National ana	lysis group 🎽
National Health Author Licensing health professional	Drity als
National Vehicle & Ro Approval and technical contri	oads Administration
Paramedics from Osl	o university hospital
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Technical Collaboration is key

- We are NOT the experts in this science
- We cannot afford to play the silo game here, it is costing lives, time and money
- We MUST have a meaningful evidenced based approach to design, operations and policy

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We must be outcomes driven

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this vehicle is safety crash tested by automotive experts





So....

- Which vehicle do you want to be in ?
- Which vehicle is the best for efficient, and effective patient care?
- Which vehicle provides optimal risk
- management ?What is the optimal fleet mix?
- what is the optimal neet mix?

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So what do we need to do ?? Reach out to the appropriate experts - they sure do want to help us STOP being philistines and be the scientists we are trained to be and at least seek a scientific approach - Get your heads out of the sand - there is plenty of valid technical information - FMCSA, TRB, SAE Make policy and purchase decisions on technically sound data, not a marketing brochure HAVE MEANINGFUL AND TRANSLATABLE OUTCOME MEASURES FOR YOUR SERVICES SAFETY PERFORMANCE **EMSS**afety

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What is the EMS Transport Safety Research Agenda?

 Shouldn't it be driven by data, and appropriate technical expertise

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Very Important Principle

Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

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Thank you! And.... It is no longer acceptable for EMS to be functioning outside of transportation, automotive and PPE safety standards for prevention of and protection of EMS providers and the public from injury and **EMSS**afety www.EMSSafetyf sundation.org

death

